



# SPORTS CONCUSSION CLINIC OF KENTUCKY

1721 Nicholasville Rd, Lexington, KY 40503 • (859) 252-6500  
(Located in the building of Spine & Brain Neurosurgical Center)

**Greg Wheeler, MD**, a board certified Neurosurgeon at *The Spine and Brain Neurosurgical Center*, is head of the **Sports Concussion Clinic of Kentucky**. The clinic is designed to monitor and treat athletes who have sustained a concussion. Returning an athlete to participation prior to full recovery from a concussion may greatly increase the risk of lingering, long-term health problems. We can work closely with family physicians, coaches, trainers, parents, and even teachers, in assuring that the athlete is treated appropriately to allow complete and timely recovery.

## ATHLETES SHOULD BE SEEN FOR AN INITIAL EVALUATION WITHIN 24-72 HOURS AFTER INJURY

*Our clinic is designed to provide the following:*

- **INITIAL EVALUATIONS** – Athletes will undergo a comprehensive neurologic examination and take the **ImPACT™** neurocognitive test. This test is designed to provide objective evidence of the severity of injury. The results can be compared to any baseline testing that their school might have performed prior to the season, or it can be compared to a nation-wide data bank of baseline test scores. Proper treatment of symptoms will be started to allow quicker and more complete recovery.
- **FOLLOW UP** - Follow-up exams will provide objective evidence of recovery. Treatment plans will be modified to allow athletes to begin to return to normal activities in school and athletics.
- **RETURN TO PLAY CLEARANCE** - Once symptoms have resolved and once the patient's ImPACT™ profile has returned to normal, the athlete will then be given clearance to return to play. The athlete's last test results can now be used as new baseline data to allow quicker and more accurate assessment if any subsequent concussion occurs.

**If you suspect your athlete has sustained  
a concussion, please call us at**

**859-252-6500**

**to set up an appointment**



# Had a concussion? What to look for in an athlete?

## CONCUSSION SYMPTOMS

- Confusion
- Headache
- Amnesia
- Balance problems
- Irritability
- Dizziness
- Difficulty concentrating
- Nausea
- Loss of consciousness
- Sensitivity to light/noise
- Slowed reaction
- Emotional changes
- Sleep disturbances
- Feeling sluggish or foggy

### Important points to remember:

- Most concussions (95%) occur without loss of consciousness or amnesia.
- Not all concussions are created equally. Each player is different, each injury is different, and all injuries should be evaluated by a qualified professional.
- When in doubt, *SIT THEM OUT!!!*

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### Current users of the ImPACT™ Concussion Test:

All NFL Teams	All NHL Teams	All MLB Teams
MLB Umpires	USA Soccer	Major League Soccer
US Olympic Team	US Ski and Snowboard Teams	US Lacrosse
USA Rugby	NASCAR/ IRL Racing	Cirque de Soleil
European Professional Soccer	United States Navy	United States Army
WWE	5000+ High Schools	1000+ Colleges/Universities
	200+ Credential Consultants	700+ Clinical Centers



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